

TOULOUSE YANG CHENGFU CENTER - Zhen Qi Association

We are pleased to invite you to the first Master Yang Jun Tai Chi seminar in Toulouse. An exceptional event for our young center and a great honor to receive a Master of international fame, 5th generation of the YANG family. Appreciated by all for the exceptional quality of his teaching, it's a unique opportunity for us to enrich and deepen our understanding of Tai Chi Chuan.

Saturday, Sunday and Monday morning will be dedicated to the study of 103 step hand form. On Monday afternoon, Yang family members will be able to attend the Tui Shou workshop (pushing hands) and implement Tai Chi energetic and martial principles with a partner. Hoping to have the pleasure of sharing this event with you,

*Thierry Huguet
Toulouse YCF Center Director*

ACCOMMODATION AND MEALS

SEMINAR LOCATION : TOULOUSE MONTAUDRAN SPORTING CENTER 1 Avenue Edouard Belin

2 and 4 persons rooms accommodation	PRIX
Night package (night+sheets/breakfast)	21,00
Catering	PRIX
Standard meal	9,50
buffet formula	13,00
«Business» buffet formula	18,50

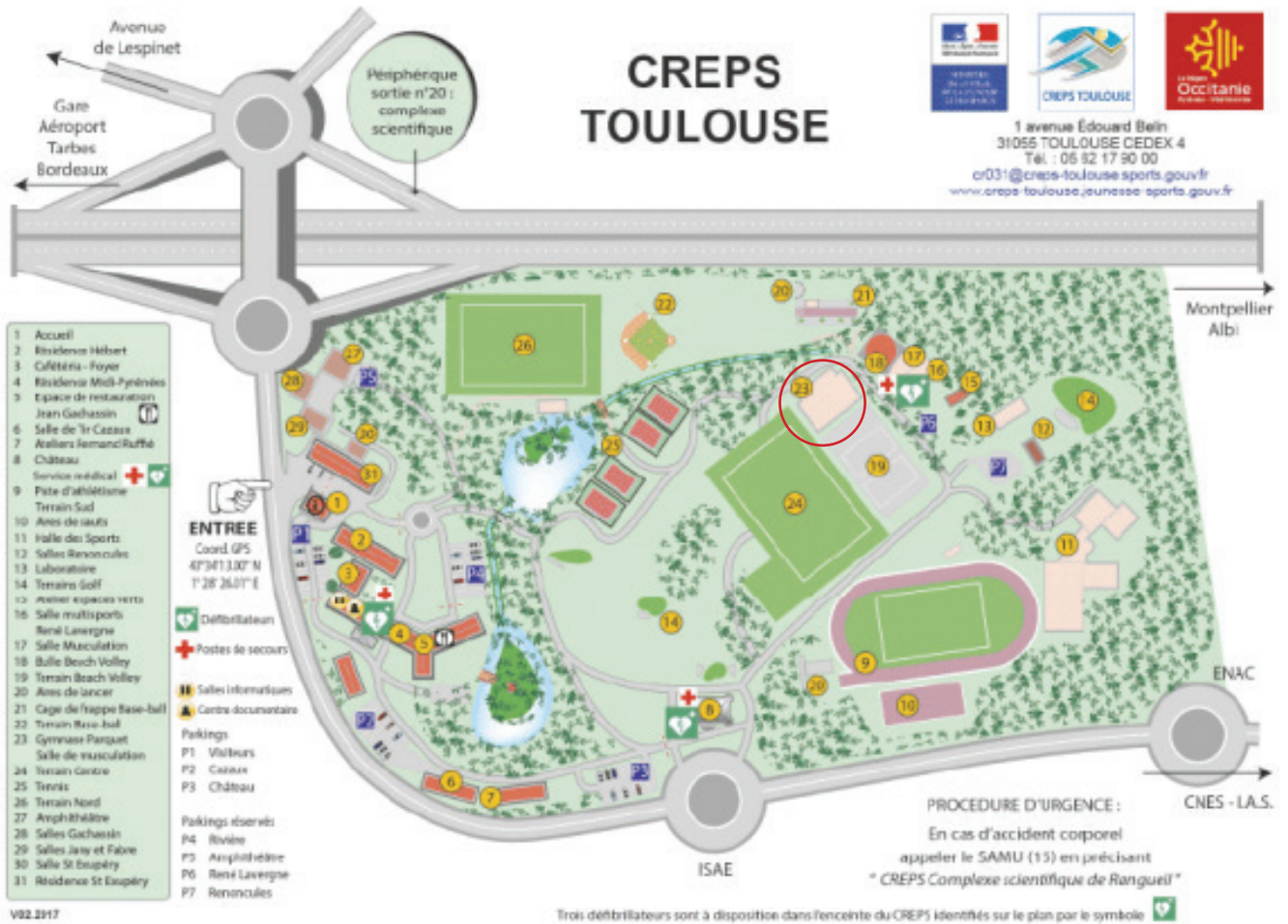
OTHER NEARBY HOTELS :

Name	price	Distance	Internet	phone
Hotel F1Toulouse Ramonville *	from 25 €	5mn - 3,7 km	accorhotels.com	0891 70 54 13
Ibis Budget cité de l'espace **	from 43 €	9 mn - 4,6 km	accorhotels.com	0892 70 75 66
Appart'City Toulouse Diadora ***	from 48€	9 mn - 5,9 km	appartcity.com	05 62 24 67 00
Confort Hotel Toulouse Sud ***	from 54 €	9 mn - 6 Km	choicehotels.fr	05 62 19 22 22
Ibis Style Toulouse Labège ***	from 66 €	6 mn - 4,6 km	accorhotels.com	05 61 13 61 36

PRACTICAL INFORMATION

LOCATION : TOULOUSE MONTAUDRAN SPORTING CENTER (CREPS) 1 Avenue Edouard Belin 31000

Toulouse



ACCES :

	Line	Direction	Bus Stop
by BUS	Line 27	Ramonville Métro	CREPS ONERA
from MATABIAU STATION	Line 27	Ramonville Métro	CREPS ONERA
From the AIRPORT (45 mn)	Line AERO Line 27	Matabiau Bus station Ramonville Métro	Connection Matabiau Station CREPS ONERA
By CAR	Exit N° 20	Complexe Scientifique de Rangueil	

OTHER ITINERARIES BY BUS/METRO/TRAMWAY : WWW.TISSEO.FR

Phone application on Disponible sur App Store Disponible sur Google play

PRICES

	YCF Members before Oct 6th	Non-Members after Oct 6th
Registration fee (not refundable)	25 €	
Tai Chi hand form Saturday, Sunday, Monday morning	250 €	290 €
Tai Chi hand form Saturday, Sunday only	190 €	230 €
Tui Shou «pushing hands» all levels (members only) <i>Monday afternoon. Number of places limited</i> <i>Priority to hand form practitioners in order of registration</i>	60 €	---

SALES CONDITIONS

	Before October 6th	After October 6th
Registration		10% increase on all prices
Payment	Cash on arrival day	

PROGRAM

	Saturday	Sunday	Monday
8:15am - 8:45am	Warm up by Certified instructor's		
9:00am - 12:00am	TAI CHI 103 STEP HAND FORM		TAI CHI 103 STEP HAND FORM
2:00pm - 15:15pm	TUI SHOU: Workwhop with a Certified instructor		
3:30pm à 5:30pm	TAI CHI 103 STEP HAND FORM		TUI SHOU
7:00pm - 8:00pm		Visit of the city	
8:00pm - 10:00pm		Dinner and night	